Contents

	Preface	ix
	SECTION A: CHANGEMAKING	
1.	A Tale of Egg and Agency	3
2.	Transformation	9
3.	Learning Change	17
4.	The How of Change	29
	SECTION B: STORIES AND REFLECTIONS	
5.	Sowing the Seeds of Change	43
	Thinking about Food Systems	43
	Changemakers' Food Stories.	47
6.	Walls and Roofs	59
	Thinking about Shelter	59
	Changemakers' Shelter Stories	61
7.	Moving Forward	77
	Thinking about Transportation	77
	Changemakers' Transportation Stories	80
8.	There is No Away	87
	Thinking about Waste	87
	Changemakers' Waste Stories	92
9.	People Power	107
	Thinking about Energy	107
	Changemakers' Energy Stories	109

viii Changemakers

10.	Cooperative Economics	121
	Thinking about Economics	121
	Changemakers' Economic Stories	126
l1.	From Analysis to Activism	143
	SECTION C: CHANGEMAKERS' MANUAL	
	Introduction	155
	Session 1: Transformative Spaces	158
	Session 2: Learning Change	161
	Session 3: The Genesis of Ideas	163
	Session 4: From Spark to Action	166
	Session 5: Cross Purposes and Spirals	170
	Session 6: Linking with other Changemakers	173
	Session 7: Societal Change	176
	Facilitation Techniques	179
	References	185
	Index	191
	About the Authors	197
	About New Society Publishers	198