

# Contents

---

<b>Introduction</b>	1
Section One	
<b>POWER + IDENTITY   Refusing Powerless Identities</b>	5
<b>Power + Identity Intro</b>	7
<b>1   Effective Interactions</b>	
Supremacist Power and Liberator Power	11
<b>2   Interaction Patterns</b>	
Patterns of Domination and Patterns of Resistance	15
<b>3   Transmission of Affect</b>	
Life-affirming and Life-draining Affects	23
<b>4   The Sources of Power Relations</b>	
Developmental Stages and Mind Forms	29
<b>5   Powerless and Powerful Identities</b>	
Hegemony and Supreme Power	35
Section Two	
<b>POWER + CHOICE   Triggering Choice</b>	45
<b>Power + Choice Intro</b>	47
<b>6   Decision and Choice</b>	
The Efficient Unconscious and the Effort of Intention	51
<b>7   The Social Aspects of Choice</b>	
Participation in Decision Making	55

<b>8   Supreme Choice</b>	
Mastery Over Inner Experience	63
Section Three	
<b>POWER + THRESHOLDS   Creating the Self</b>	69
<b>Power + Thresholds Intro</b>	71
<b>9   Rites of Passage</b>	
Self Formation in Liminal Space	73
<b>10   Theater as Interaction and Identity Creation</b>	
High Status and Low Status Characters	79
Section Four	
<b>POWER + GAMES   Playing with Power</b>	89
<b>Power + Games Intro</b>	91
<b>11   The Purpose of Play</b>	
Play As Evolution	93
<b>12   The Structure of Games</b>	
Ordering Interactions	103
<b>13   The Party Game</b>	
Sign Reading	113
<b>14   The Stand, Sit, Kneel Game</b>	
Deconstruction	117
<b>15   The Tongue Twister Game</b>	
Reconstruction	121
<b>16   The Meisner Game</b>	
Reconstruction	127
<b>17   The Yes, But/Yes, And Game</b>	
Sign Reading, Deconstruction	131

<b>18   The Circle Game</b>	
Reconstruction	135
<b>19   The Lane Game</b>	
Reconstruction	139
<b>20   The Body Language Game</b>	
Sign Reading	143
<b>21   The Switching Game</b>	
Reconstruction	147
<b>22   The Status Master Game</b>	
Sign Reading, Deconstruction, Reconstruction	155
<b>23   The Scene Study Game</b>	
Deconstruction	161
<b>24   The Character Study Game</b>	
Reconstruction	165
<b>References</b>	169
<b>Index</b>	177
<b>About the Author</b>	183
<b>A Note about the Publisher</b>	184